

WELL GIRL

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A Creative Storytelling & Filmmaking Programme for Migrant Women in Waterford

Starts Wednesday 1st July 2026

Application deadline 22nd of June

 Screen Waterford

The Forum, Ballybricken, Waterford City

 Every Wednesday from 6:30pm – 8:30pm

 10-week programme running until 2nd September 2026

What is Well Girl?

Well Girl is a free 10-week multidisciplinary storytelling, photography, and filmmaking programme created for migrant women living in Waterford. Through creative workshops, conversations, photography, writing, and filmmaking exercises, participants will explore themes of identity, memory, migration, belonging, and home while learning practical creative skills in a safe and supportive environment.

The programme is designed to help women tell their own stories in their own way. **Participants will experiment with mobile filmmaking, portrait photography, sound, collage, oral storytelling, and documentary techniques, gradually building material toward a final personal visual project.** The workshops are playful, collaborative, emotional, and

hands-on, focusing on creativity, confidence, connection, and self-representation.

No previous experience in filmmaking, photography, or storytelling is needed. The programme is about discovering your voice, connecting with other women, and recognising that your story matters.

At the end of the programme, participants will have the opportunity to share their work as part of a collective creative showcase celebrating the stories and identities shaping the new Waterford.

Who is this programme for?

This programme is open to:

- Migrant women aged 18+
- Women who have been living in Waterford County for at least 10 years
- Women from all cultural and social backgrounds
- Women who are available to commit to the full 10-week programme

We will select approximately 15 women from diverse backgrounds to take part.

About the Programme Leader

Flavia Pordominsky



Flavia Pordominsky is an Argentinian-Italian documentary filmmaker & producer based in Waterford. She has worked in the Irish and international film industry for more than 10 years on productions for RTÉ, BBC, Channel 4, Amazon Prime, Netflix, and international broadcasters.

Alongside her professional film work, Flavia is the founder and Director of Screen Waterford, an initiative dedicated to supporting filmmakers, creatives, and the screen industry across the South East. She is also the founder of IRIT Productions, where she develops documentary and fiction projects exploring migration, identity, women's stories, and belonging.

As a migrant woman herself living in Ireland for the past 13 years, Flavia is deeply passionate about creating spaces where migrant voices, memories, and experiences can be shared and celebrated. Her work combines filmmaking, photography, storytelling, and community collaboration to create projects rooted in empathy, identity, and representation.

Register Your Interest

If you would like to be considered for the programme, please register your interest through the application form.

[Registration Form](#)

Participation is completely free.

Selected participants will be contacted directly after the registration process closes.

We warmly encourage women from all backgrounds, cultures, and experiences to apply.

Your story matters.

Your voice matters.

And Waterford is richer because of it.